

The Spiritual Journey

Friendship With Christ

Unitive Stage. Will and mind habitually united with God. Flowering of gifts and fruits of the Spirit.

Night of the Spirit

Illuminative Stage. Growing in grace and virtue. Will is habitually united with God. Dealing with attitudes, thoughts.

Night of the Senses

Purgative Stage. Resisting temptation. Changing playgrounds and playmates. Practicing virtue. Asceticism.

Conversion

Carnal, unregenerate, worldly life. Sinner. Will is weak. Mind deluded. False self. Addictions and attachments.